

Mental Health Services Act –
Community Services and Supports (CSS)
Conference Call #1
Thursday February 24, 2005
3:00 PM – 4:00 PM
TOLL FREE CALL IN NUMBER: 1-877-366-0714
NO PASSWORD NEEDED
TTY# 1- 800-735-2929



#### CSS Conference Call #1 AGENDA Thursday, February 24, 2005 3:00 pm

3:00	Welcome and Purpose of Conference Call – Bobbie Wunsch
3:02	Review Agenda and Conference Call Process – B. Wunsch
3:05	Review Purpose of CSS Document including
	Statewide Outcomes, Essential Elements, Funding
	<ul> <li>Carol Hood</li> </ul>
3:10	Review Document Sections I - IV - Carol Hood
3:20	Questions and Answers – Bobbie Wunsch and DMH Staff
3:35	Review Document Sections V-IX – Carol Hood
3:45	Questions and Answers – Bobbie Wunsch and DMH Staff
3:58	Next Steps and March 2 Conference Call – Bobbie Wunsch
4:00	Adjourn



#### Purpose of Document

- Community Services and Supports is the second component of Act to be addressed
  - Community Planning Process is being implemented
- Counties are required to submit three-year plans
- Document sets forth draft requirements for county program and expenditure plans



#### Purpose of Document cont.

- Document is intended to
  - be prescriptive,
  - assure consistency with MHSA,
  - move toward system transformation,
  - produce meaningful and measurable outcomes statewide.



#### Statewide Outcomes (p.2)

- Meaningful use of time and capabilities
- Safe housing
- A network of supportive relationships
- Access to help in a crisis
- Reduce incarceration
- Reduce involuntary services



## Five Essential Elements for Plans (pp. 4-5)

- Key concepts/beliefs which must be reflected throughout each plan
  - Collaboration
  - Cultural Competence
  - Client/family driven system
  - Wellness focus
  - Integrated Service Experience



#### Types of Funding (p. 6)

- Enrolled member service funds
  - Funds for specified numbers of consumers/families in each age group that will be served in the first three years
- System capacity funds
  - Funds for structural, service and support strategies designed to operationalize system transformation
- Conditions Expansion, Non-supplantation, Review provisions

## Organization of Document (p. 7)

- County Plan Requirements document is organized into 9 sections—county responses must follow this format
- Each section is further organized
  - Direction
    - What DMH is looking for in this section
  - Response
    - Series of items which counties must respond to in their applications



- Requires counties to describe their planning process and show how they met the planning requirements in DMH Letter 05-01
- Appendix A- County Readiness Self-Assessment is attached as a planning tool



- Counties must identify the community issues identified in the MHSA that their community will focus on in first 3-yr. Plan
- Provide information by each age group
- A couple of examples are
  - Children/youth—juvenile justice involvement
  - Transition Age and Adults—Homelessness
  - Older Adults—risk of institutionalization



### Section III: Analyzing Mental Health Needs in the Community (pp.11-15)

- Each county must analyze its mental health treatment needs, including the numbers of clients and family members that are unserved and underserved or inappropriately served
  - State will not provide direction on how to determine this
- Counties must pay particular attention to ethnic disparities, must also address individuals with special needs
- References to resources to help with this task



## Section III: Analyzing Mental Health Needs in the Community

- Description of situational characteristics of the unserved numbers by age group (i.e., youth in juv. hall, homeless adults, etc.)
- If needs assessment also identified underserved who do not meet "at risk" criteria, provide numbers, methodology and justification if requesting funding to serve



#### Direction

- Although intent is that eventually all meeting criteria of MHSA will be enrolled, phase in will start with this plan
- Counties must identify populations they will start with
- Encouraged to start "small and smart"



## Section IV: Identifying Focal Populations for Enrollment

- Direction as to Specific Populations (consistent with MHSA and DMH priorities – by age group)
  - Children/youth and families Have SED, unserved or underserved- generally uninsured, in juv. justice system, youth placed out of county, at risk of out-ofhome placement



## Section IV: Identifying Focal Populations for Enrollment

- Transition Age Youth (TAY) With SED, unserved or underserved homeless or at risk of, aging out of public systems, and/or have experienced a first episode of major mental illness
- Adults with SMI including co-occurring SA, unserved or underserved and homeless or at risk of, involved in the criminal justice system or at risk of, and/or at risk of institutionalization.



## Section IV: Identifying Focal Populations for Enrollment

- Older Adults
  - 60 and over with SMI, including cooccurring disorders
  - Unserved or underserved and
  - Have a reduction in functioning, are homeless or at risk of, and/or at risk of institutionalization, nursing home care, hospitalizations and ER services.



- This section also describes the commitment counties must make to enrolled clients and families
  - To do "whatever it takes" to assist client/families to achieve their goals
  - To assign a Personal Service Coordinator/case manager to each member
  - To have low enough caseloads to respond to needs 24/7
  - To submit service, assessment and indicator/outcome information for each enrollee (Appendix B describes performance measurement strategies)



#### Section V: Identifying Strategies for System Capacity Funding (pp.19-28)

#### Direction:

- Counties must identify service needs consistent with intent and purpose of MHSA
- DMH examples of structural, services and support strategies by age group (pp.19-27)
- Counties are encouraged to provide intergenerational services and services must be culturally sensitive and competent
- DMH has provided planning checklists as tools to assist planners with transformational concepts and principles (Appendices C and D)

# Section VI: Assessing Capacity (pp. 28-29)

 Direction: The Act requires DMH to assess capacity of each county to carry out their plan – this section provides DMH with data and information to do this. Counties must update their organizational and service provider assessment.



### Section VII – Developing a Workplan with Timeframes (pp. 29-31)

 Directions – This section is to include a detailed workplan, essential for DMH in assessing county capacity and for establishing performance measures for the county's performance contract



## Section VIII: Developing the Budget (p. 31)

Format and instructions to be provided in mid-March.



# Section IX: Local Review and Public Hearing (p. 31)

- Direction Provides MHSA requirements for review and mental health board review requirements
- Response Three items:
  - Process for review
  - Documentation of MHB public hearing
  - Summary and analysis of substantive recommendations for revision



#### Next Steps

- Stakeholder Input on the DRAFT program requirement
  - Complete input by early April
- Estimated date for finalizing requirements is May 1, 2005